

Good to be Home



Good to be Home is a restorative model of client support delivered at home by HealthCare New Zealand.

Developed for the over-65 age group it enables people to remain in their own homes as they age.

Care is tailored to the individual's needs and goals. Family/whānau and friends are involved in care planning if so desired.

Support is proactive and coordinated and brings together the skills of a range of carers and health professionals. This provides one point of access for the client.

Good to be Home has been developed through research and evidence-based practice.

Good to be Home services

- Goal-based planning carried out in partnership with the client that recognises social, emotional, physical and cultural needs.
- Goal-setting that helps overcome isolation by encouraging participation in regular activities and keeping up with family and friends.
- Programmes to help clients maintain or regain skills, mobility and confidence.
- Assistance with personal care, medication and household management.
- Specialist nursing services.
- One point access to a range of support workers, health professionals such as nurses, physiotherapists and occupational therapists, to help clients attain their goals and maintain their physical well-being and fitness.
- Case management coordination.



Good to be Home (cont)



Good to be Home clients

Good to be Home has been developed specifically for clients with:

- chronic illness or high health needs, for example respiratory disease
- care needs with a restorative or rehabilitation focus
- conditions more commonly associated with older people such as dementia
- isolation issues.

The Good to be Home difference

Good to be Home is unique because of the way we work at HCNZ and the depth and breadth of our capability and infrastructure.

We have a track record of consistently delivering to a high level to sector standards and working in partnership with funders to develop innovative, responsive and complex service solutions, quickly and effectively. We also provide trained and experienced registered nursing support and we maintain quality service through our clinical governance and nursing development.

Our infrastructure includes an innovative IT solution to effectively manage client and funder information. This means that funders can expect cost savings and cost-effectiveness, and improved workforce utilisation. Our CMS system also provides funders with the opportunity to audit and monitor services and therefore see measurable outcomes and validate the service model.