

An innovative approach to enriching lives

explore
PROMOTING
POSSIBILITIES

Explore offers new possibilities to develop the potential of people with disabilities, as well as the potential of support workers.

Explore is a specialist support service for people with disabilities. The Explore team works with providers to assist them to support individuals with complex needs.

At the core of the Explore approach to working is a transdisciplinary model.

The transdisciplinary model means that:

- There is collaboration of all team members.
- Professionals from a range of different disciplines work alongside the provider.
- Roles and responsibilities are shared and professionals purposely cross discipline boundaries when they assess, plan, provide intervention and monitor progress for a person.

A major advantage of this unique approach is that it can identify issues not covered in the initial referral, ensuring more complete and appropriate care.

Other benefits are that:

- Efforts to support people are coordinated so that there is less disruption in people's lives. This is beneficial for clients, their families and providers.
- The cost of supporting an individual is reduced because there is one rather than multiple assessments.



- Information that is gained during the assessment is able to be accessed and used across disciplines rather than being retained by one professional working in their own area.
- Explore assists and supports providers through workforce development by strengthening their knowledge of disability and training staff so that they are confident and competent.
- Because Explore is a mobile team they are flexible and responsive and able to support providers wherever they are needed.
- The Explore approach evaluates risk at the time of referral and takes account of risk management and planning going forward.

An innovative approach to enriching lives (cont)



The Explore philosophy

- We support providers to support their clients.
- We assess and then model the support that is needed.
- We avoid dependency. Things need to work when we're not there.
- A measure of our success is the shortness of our engagement.
- We seek to strengthen and support families.
- We listen and respond to the client voice.

Explore in action

Explore was used with great success when the last residents living in the Kimberley Centre moved back into the community. Operating under contract to the Ministry of Health, Explore worked with residents and day service providers to meet a variety of high and complex needs. This work is enabling former Kimberley residents to have improved quality of life, independence and the opportunity to participate in the community.

The Explore team has expertise in behaviour support, clinical psychology, nurse consultancy, dual diagnosis (mental health), occupational therapy, physiotherapy and speech language therapy.