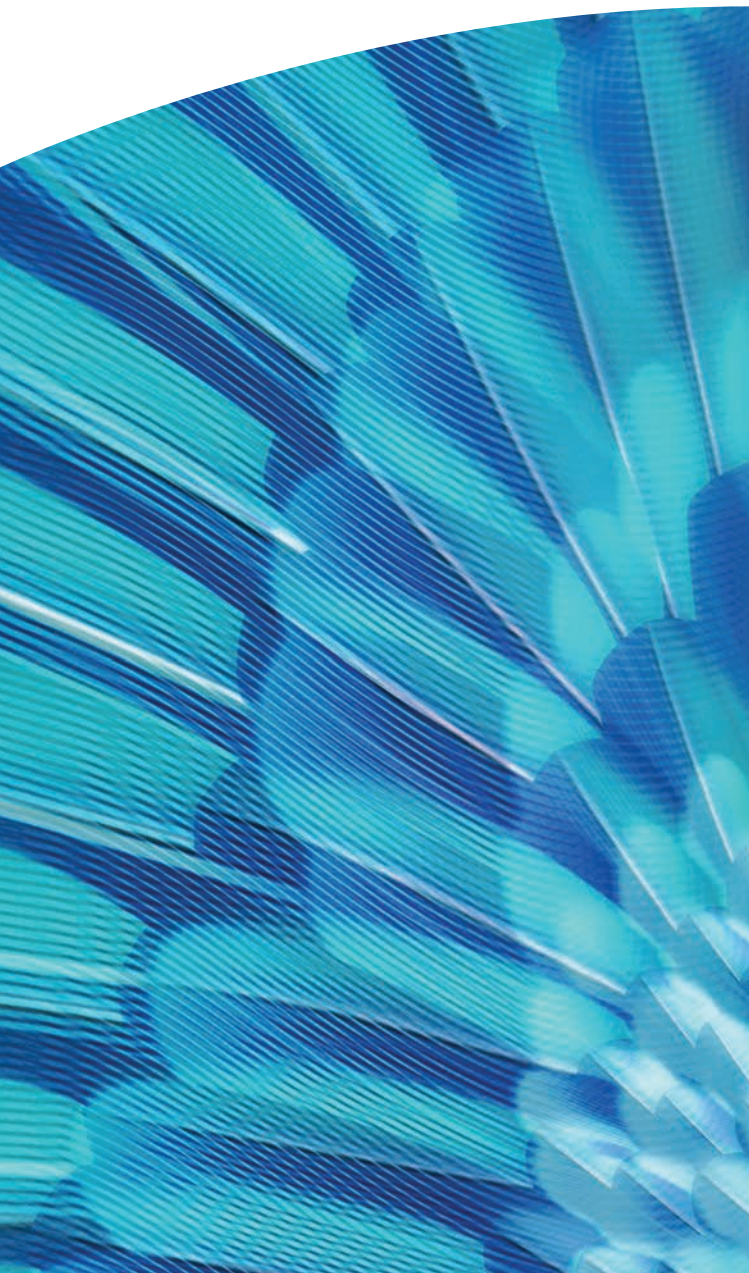




Explore

**Specialist Advice**<sup>NZ</sup>

## **Specialist behaviour support for people with disabilities**



## **Explore Specialist Advice is the national provider of specialist behaviour support to people with disabilities.**

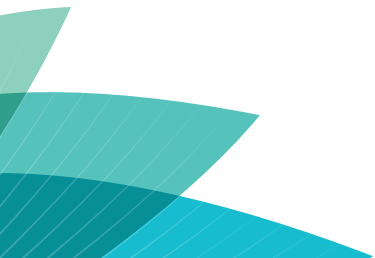
We work with people who have challenging behaviours that impact on their ability to take part in their community, or who pose a risk to their own or others' safety.

Explore believes that all challenging behaviour is a form of communication. We support the person, their family/whānau and support networks to identify the cause of the challenging behaviour and develop strategies to reduce the impact it has on their lives.

Our services are based on positive behaviour support frameworks and best practice and are delivered by registered health professionals, including psychologists, occupational and speech language therapists, social workers and other behaviour specialists with experience in the sector.

We provide the people we support with:

- a single point of contact to advise, oversee and coordinate all of our work with the person, their family/whānau and support networks
- clear goals, actions and strategies for all parties to work towards
- coaching to support practical skills and learning.



## Our services:

Our services are tailored to the individual needs and goals of the people we support. Depending on their age and needs, we support people in one of the following ways:

- **Early intervention:** supports children and young people with early stages of challenging behaviour and their family/whānau and support networks. The support focuses on enabling the child or young person to remain in their home, school and community environments.
- **General behaviour support for children and young people:** focuses on people whose challenging behaviour has a significant impact on their life. We involve wider support networks in the home, school and community in our behaviour strategies.
- **General behaviour support for adults:** works with adults whose challenging behaviour is having a significant impact on their lives. Involves wider support networks in home, work, vocational and community environments.

Explore Specialist Advice can also access specialist clinical assessments provided in partnership with Capital Coast DHB. This can provide additional information to help guide our assessment of the person, and the strategies we put in place.

## Accessing our services:

Services are provided to people who are eligible for Disability Support Services. To find out more please contact your local Needs Assessment and Service Coordination (NASC) centre, or contact us on 0800 000 421.



Explore  
**Specialist Advice**<sup>NZ</sup>

## General enquiries

### **Explore Specialist Advice**

Freephone: 0800 000 421

Email: [explore@explore.org.nz](mailto:explore@explore.org.nz)

[www.healthcare.co.nz](http://www.healthcare.co.nz)



**HealthCare**  
of New Zealand Holdings Ltd

Explore Services Limited is a wholly owned subsidiary of Healthcare of New Zealand Holdings Limited (HealthCare NZ).

©HealthCare NZ 2016