

# Huntington's and neurological services



# Realising Possibilities



NZCare Disability supports more than 600 people with disabilities and their families throughout New Zealand.

We support people to live great lives in their homes and communities.

Our goal is to support you to live the life you want, by providing expert disability services that are flexible, tailored and determined by you and your family.

We're about realising possibilities, realising potential, realising good lives, and realising your goals.

# A specialist service

NZCare Disability offers a full range of living support options for people with Huntington's disease and other neurological disorders, such as Parkinson's disease, Motor-neurone disease and Multiple Sclerosis.

Our services are provided in dedicated residential facilities, in your own home, or through respite services, both in and out of the home.

We pride ourselves on the specialist nature of our service:

- our support workers are provided with specialist training and are largely dedicated to our Huntington's and related neurological disorders service
- we have close relationships with our local communities and are in regular contact with condition-specific associations and support networks
- we work alongside specialist advisory groups who help shape our service.



# Maintaining community links



As much as practical, the emphasis of NZCare Disability's service is to provide an ordinary life in the community, and to support you to continue doing the things that you find important, regardless of the progression of your condition.

We support people to be as independent as possible. Some people require a lot of support to access the community, while others are able to come and go as much as they wish.

Our residential facilities are warm, friendly and inviting, and we encourage family/whānau to maintain close links with their loved ones and to join in with events at the service. Family/whānau are able to visit and, if possible, stay when they want to.

## How to access our services

To access our service you will need to be referred by your local Needs Assessment and Service Coordination (NASC) service. The service is funded by the Ministry of Health and can be chosen as part of your support package.

### For more information:

- call us on 0800 101 057, or
- · visit our website www.healthcarenz.co.nz



# Why choose us?

## Our goal is to provide expert disability services that are flexible, determined by your needs, and tailored specifically to you and your family/whānau.

## Health and disability experts

We have more than 20 years' experience in providing high quality, personalised support to people with disabilities. We support people with:

- intellectual disabilities
- physical disabilities
- Huntington's disease
- Autism Spectrum Disorder
- other neurological disorders such as Parkinson's disease, Motor-neurone disease and Multiple Sclerosis.

We are constantly improving what we do based on feedback from the people we support and their family/whānau.

### **Specialised workforce**

Our community-based workforce is unmatched – we apply our significant expertise in disability support and health services to all of the work we do. All staff are provided with a thorough induction and orientation, including access to ongoing training. All support workers are either NZQA qualified or are working towards their qualification.

#### **Enhanced services**

NZCare Disability is part of Healthcare of New Zealand Holdings Limited (HHL), New Zealand's largest provider of community based health and disability support.

In addition to our disability support services HHL offers people access to significant expertise, products and services such as Freedom Medical Alarms, mental health, addiction and reintegration services, behaviour support, and rehabilitation services. We draw on this additional expertise for the people we support, as required.

## **General enquiries**

#### **NZCare Disability**

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